

**2007**

**Oregon High School Lacrosse Association**



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**Standard Operating Procedures**

THE OHSLA WILL USE THE OSAA GUIDELINES with the exception of or emphasizing the following:

Please download a copy of the OSAA handbook at <http://www.osaa.org/publications/handbook/0607OSAAHandbook.pdf> if you do not have a copy or have misplaced it.

1. COACHES CERTIFICATION

- A. OSAA rule 1.2 regarding American Sports Education Program. ASEP is a requirement for all OHSLA coaches. Please read the rule on page 17 in the current OSAA handbook. Contact your AD - some require all coaches (part time, volunteers, etc.) to have certification. The minimum ASEP requirement for the OHSLA is as follows: A certified coach must be present at all times when a non certified coach is working with students. Your AD may have more stringent requirements, which must be followed.
- B. The OHSLA strongly recommends all coaches take the available PCA (Positive Coaching Alliance) course.

2. ELIGIBILITY

- A. The OHSLA follows OSAA guidelines for eligibility regarding which school a student athlete may play for. There are no more players “grandfathered” in. As with OSAA, the Executive Committee discusses special exceptions on a case-by-case basis.
- B. Eligibility exception waivers are granted on an annual basis and must be renewed each year for any and all players not meeting OSAA eligibility requirements. In other words, once you receive an exception it must be renewed each season.

3. NUMBER OF CONTESTS

- A. Each Team (Varsity, JV, Freshmen) is allowed 18 contests beginning the first play date allowed by the OSAA.
- B. Permission must be granted by OHSLA and the team’s AD (or other school representative) to play contests, jamboree/tourneys before first play date.
- C. Jamborees will count as 1 contest.
- D. Tournament play – Each day of playing counts as one contest unless they are regulation timed games. Then each tournament game counts as 1 contest.

4. GAMES

- A. OHSLA teams may only play other member OHSLA teams. An OHSLA team is defined as a team who has paid dues to the OHSLA for their participation in the league.

- B. Waivers to the above rule can be applied for in writing to the OHSLA Board of Directors. This will allow for participation in jamborees with out-of-State teams, or for travel to out-of-State games.
  - C. Junior Varsity games with Kingsway Lacrosse of Vancouver are allowed for the 2007 season without waiver.
  - D. Review OSAA Rule 6 and Rule 7 (pages 23-26) regarding additional restrictions for team contests and scrimmages. Lacrosse falls under the classification of “contact sport.”
5. RULES
- A. NFHS rulebook shall govern play of all OHSLA contests at all levels.
  - B. **JV Games:** Running time quarters will be 15 minutes long. Stopped time quarters will be 12 minutes in length.
  - C. Home coach must notify visitor as to length of JV game in advance.
6. GAME TIMES
- A. All games are to begin at designated start time.
  - B. If home team plans on introductions and/or anthems it shall notify visitors upon arrival.
  - C. Visitors are entitled to be properly notified so they are able to plan team warm ups.
7. FACILITY
- A. Home team shall have a representative at the site 1 hour prior to game start time.
  - B. VISITORS shall not enter facility (field area) until visitors have an adult team representative or coach present.
  - C. The home team shall not be made responsible for the visiting team.
  - D. The home team shall make every effort to provide 1 hour warm up for the visitors.
  - E. Home coach shall make every effort to notify visitors 48 hours in advance if there are changes.
  - F. Fields shall meet NFHS specifications or the league shall be notified and a waiver shall be granted from the OHSLA board.
  - G. Schools granted a field waiver must notify visitors of field specs 48 hours in advance. Information will be posted on OHSLA web site as well.
8. BENCHES
- A. Benches shall be provided EQUALLY for the home and visiting team.
9. NUMBER OF COACHES ALLOWED DURING GAMES
- A. A team shall limit the number of coaches to 4 coaches maximum during a game. Game officials shall enforce compliance using proper reminders, warnings, and penalties.
10. LOCKER ROOMS
- A. If visitors would like access to a locker room they must request so at least 48 hours prior to contest. Home teams are not required to provide a locker room.

11. TIMER/SCORER

- A. The home team shall provide timing and scoring devices and personnel.
- B. Home team shall have no more than 3 (Total) Official persons in table area.
- C. Visiting team is allowed 1 official person in table area. 2 if agreed upon by both teams.
- D. Home team shall make every effort to keep area behind scores table clear. Officials shall penalize teams not complying with this rule.
- E. Statisticians shall be allowed on team bench but not in table area or coaches box. Statistics shall not be kept at the table area. Scorers and Timekeepers shall only be responsible for fulfilling the duties and responsibilities specified in the NFHS Boys Lacrosse Rules book and should not be tracking statistical data during the game.
- F. SCORERS AND TIMERKEEPERS IN TABLE AREA SHALL REMAIN NEUTRAL DURING THE COURSE OF THE CONTEST.
- G. Table-area personnel are an extension of the officiating crew and shall be treated with due respect.

12. NO TEAM SHALL HAVE ANY PERSONEL OR FANS IN OR BEHIND THE TABLE AREA!!!!

- A. This is a point of emphasis for this year!

13. USE OF SCOREBOARD FOR TIMING

- A. If home team uses electric scoreboard for timing all penalty time shall be kept on scoreboard as well.

14. RESULTS OF GAME

- A. Home team coach MUST call in score to Joanne at 503-642-5896 or Email right after the contest.

15. ADMISSION

- A. TEAMS MAY CHARGE FOR ADMISSION TO THEIR HOME GAMES.
- B. Team must notify opponents before Scheduling date (Dec. 6<sup>th</sup>) of intent to charge.
- C. Maximum amount charged to be \$4 for adult and \$2 for students.

16. CROWD CONTROL – POINT OF EMPHASIS!!!

- A. Home team is responsible for security (if needed), home crowd control and bench area.
- B. Visiting coach is responsible for its team, students and fans!!!
- C. Home team shall make every effort to keep spectators in stands or behind designated limit lines.
- D. In no case shall any spectator be allowed to encroach on playing field past track or limit lines.

17. UNIFORMS

- A. Home teams shall wear white or must notify visitor 48 hours in advance of contest to get approval to wear non-white uniforms.
- B. NEW UNIFORMS – OHSLA recommends any team buying uniforms to make sure they abide by the 2008 guidelines. These guidelines are for any

uniforms being purchased from this date forth. OHSLA teams will be grandfathered in for uniforms purchased before December 1, 2005.

18. PROTESTS

- A. Shall be sent immediately to commissioner.
- B. OHSLA Executive board will meet and function in same manner as OSAA Executive board.

19. PARENT COMPLAINTS

- A. Coaches shall instruct parents that all complaints/problems shall go to coach first.
- B. Coach shall then proceed to contact head referee or commissioner if coach deems it appropriate to pursue.
- C. Commissioner shall copy opponent if applicable.

20. FIVE QUARTER RULE

- A. Same guidelines as OSAA Participation Limitation rule
- B. Applies in following situations
  - 1. Two contests in one day (Example: JV, Varsity double header)
  - 2. 2 contests within 48 hours against the same school.

21. SENIORS ON JV TEAMS

- A. Each OSAA league has a different policy on this.
- B. OHSLA guidelines are as follows:
  - 1. Team desiring to play a senior in JV game must notify and gain permission from opponent 24 hours prior to contest.
  - 2. The main concern is of size and safety.

22. RULE OF 2 – THIS IS VERY IMPORTANT OSAA RULE #56 (Practice Limitation)

- A. All OHSLA teams must adhere to the OSAA RULE of 2!
- B. The rule applies to all coaches and volunteers during the academic year until spring sports begin.
- C. Please read this carefully and abide by it. (OSAA 2006-2007 Handbook, Rule 56, page 73.)

23. EJECTIONS

- A. The Coaches Committee has approved the assessment of monetary fines for unsportsmanlike conduct resulting in the ejection of a coach or player.
- B. Basic OSAA rules will apply; see Executive Board Policy 23A—Ejection Policies-Ejected Player or Coach (page 58 of the OSAA Handbook), and Executive Board Policy 24A—Ejection Policies-Fines (page 60 of the OSAA Handbook). Policy 23A states that an ejected coach cannot be within “sight and sound” of his team after an ejection. This “sight and sound” policy also applies to coaches serving a suspension (see pertinent Q&A in Section 23). 23A also covers penalties if players or coaches do not abide by this rule. Policy 24A states that on the first occurrence of a participant or coach on a team being ejected within a single season, that program will be assessed a \$50 fine. If that team has a second occurrence of a participant or coach being ejected in that same season, a \$100 fine will be assessed. Fines for additional ejections will increase in \$50 increments.

C. Because lacrosse is a club sport in most schools, the OHSLA will rely on a report from the game officials and/or the OLOA head referee for notification of an ejection, instead of a report from that schools Athletic Director.

D. Protests or appeals will be handled by way of Rule 18 in the SOP's.

24. LEAGUE PLAYOFFS

A. Games do not count against 18 contest limit.

B. Games shall be considered STATE SUB-TOURNAMENT and run by OHSLA.

C. Host school shall notify head referee and OHSLA as to location and time of game.

D. Admission charges (\$4 and \$2) shall be split 50-/50 w/ OHSLA and host school. This is not mandatory but recommended.

E. If home team charges a gate fee, the home team will pay the entire cost for the referees. If the home team does not charge a gate fee, the home and visiting team shall split the cost the cost for game referee fees.

F. TIE BREAKERS AND HOME FIELD

Seeding for sub-tournament and state playoff games shall be as follows:

1. Head to head
2. Total League Points
3. League Points within division
4. Goals against within division
5. Coin flip

25. STATE PLAYOFFS ROUND 1 AND 2

A. Home teams field must meet NFHS standards in order to host a state playoff game.

B. Teams must submit their field measurements and facility specs before season.

C. If home team cannot meet standards (to be determined by OHSLA) they must find an alternate site.

D. Admission charges (\$4 and \$2) shall be split with OHSLA and host school after approved hosts expenses are subtracted.

E. Each team shall have a representative from the school in attendance.

26. STATE PLAYOFFS - FINAL FOUR AND CHAMPIONSHIP

A. Admission charges of (\$5 and \$3) shall be split with OHSLA and host school after approved hosts expenses have been subtracted. This split is 75% OHSLA and 25% host team.

27. HOME TEAM RESPONSIBILITY FOR LEAGUE AND STATE PLAYOFF CONTESTS

A. "Senior Recognition" or "Team Tribute" nights are prohibited before or during league and state playoff contests.

B. Home team shall have a greeter on site to meet visiting teams.