

Lacrosse Officials Equipment and Clothing Required and Suggested Additional Items

Black Officials Cap with White Pin Stripes

- Rain repellant – optional second hat
- Fitted solid cloth - preferred
- Mesh – optional, more for summer or hotter weather.

Striped Officials Shirt (would suggest those with upper left pocket)

Each official should at the very least have one long sleeve and one short sleeve shirt.

- Long Sleeve
- Short Sleeve
- Short Micro-Mesh – optional more for summer hotter weather.

Black Shorts (Either the Polyester or Cotton; Cotton preferred) (new as of 2012 season)

Black Belt (roughly 1 inch)

Whistle – Would suggest Finger Whistle, verses lanyard whistles. ("Finger Fox-40") is Great. Suggest having a hot spare in your gear bag.

2 Yellow Flags - (Flags should be waited somehow and must be yellow in color)

Lacrosse Score Card - (I have about 4-5 of those, they are cheap, buy a couple extras)

Small Pencil WITH ERASER - Honigs has them and also very cheap, buy extra.

Coin – This can really be any coin. Lacrosse Coin is available from OLOA & Officials Corner

Tape Measure – Something small/compact that fits into your rear pocket. Ideally something that measures out to 72 inches as that is the max on long sticks.

Socks – Black Short / Ankle high socks (new as of 2012 season)

Black Under Shirt or T-Shirt – An undershirt is not required, but if you wear one it is required it be black in color.

Black Shoes – Shoes are supposed to be SOLID Black, not even Nike White Swooshes. You may need Black Cleats for grass games and Black Turf Shoes for turf field games.

Patches - You should have received, with your US Lacrosse Membership two patches, one Lacrosse Official patch for left shoulder and an American flag patch which is worn above left pocket. There is also the OLOA Association patch to be worn on right shoulder (for HS games).

20 Second Timer Device - (You need one of these. 20 second timers are used in numerous aspects of officiating a lacrosse game. OLOA buys them in bulk and resells at cost.)

Other Handy Items to carry in your officials Bag:

Jacket – Not a requirement, but the reversible is a handy one to have. Normally never worn during the game, just before, half-time, and after.

Black Pants – Solid Black Pants for colder weather (prior to game).
Black Pants will normally not be worn during a game unless extremely cold.
If pants are to be worn, all officials must wear black pants – Consistent Look.

Hat Protector - The cage one works the best. I picked up a cage one at a local hat/cap store.

Zip Ties – Used for quick fixes to goals/nets. These are not required, but have found them to be VERY handy to have on hand.

NCAA Men's Lacrosse Rule Book (College) / NFHS Rule Book (High School)

Water - Do not rely on the teams having water for us; bring your own. Sometimes they do and sometimes they don't.

Sun Screen – For the balmy days in Oregon.

www.Honigs.com

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www.theofficialscorner.com (back east – online ordering)